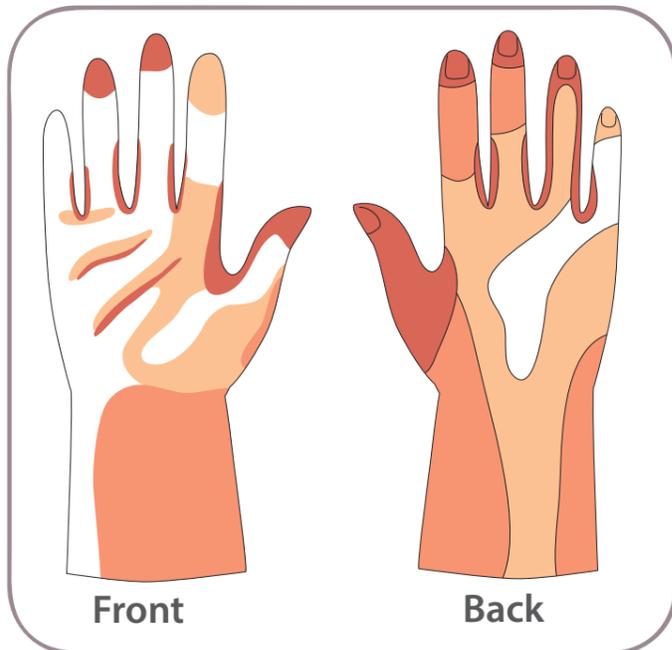


Effective **Hand Washing** depends on correct volume, technique, and time



Areas **most Often Missed** during hand washing

- Most frequently missed
- Frequently missed
- Less frequently missed

Duration of the entire procedure : **40-60 seconds**



Wet hands with water



Apply enough soap to cover all hand surfaces



Rub hands palm to palm



Right palm over left dorsum with interlaced fingers and vice versa



Palm to palm with fingers interlaced



Backs of fingers to opposing palms with fingers interlocked



Rotational rubbing of left thumb clasped in right palm and vice versa



Rotational rubbing, backwards and forwards with clasped fingers of right hand in left palm and vice versa



Rinse hands with water



Dry hands thoroughly with a single use towel



Use towel to turn off faucet